

<b>NAME</b>	<b>DR ANNA TSAROUCHA</b>
<b>CONTACT DETAILS</b>	School of Health and Social Care Department of Social Work & Social Welfare Staffordshire University Leek Road Stoke on Trent ST4 2DE E-mail: a.tsaroucha@staffs.ac.uk
<b>EDUCATION</b>	<b>PhD</b> in Health Psychology, Staffordshire University (2005) Maternal expectations, experiences and mood during the transition to motherhood in primiparous mothers . <b>MA</b> (Merit) in Community Care, Psychology, Psychology Department, Keele University (1997) <b>BSc</b> (First Class) in Philosophy, Paedagogy and Psychology (Major in Psychology), University of Ioannina, Greece (1996)
<b>PROFESSIONAL QUALIFICATION</b>	<b>Postgraduate Certificate in Higher Professional Education</b> (PGCHPE; Merit) Staffordshire University (2011) <b>Research Supervision Course</b> Distance Learning, Staffordshire University (2011) Thesis: Reflections on the supervisory relationship development process using a three way analysis (Distinction)
<b>RESEARCH EXPERIENCE</b>	<b><u>Senior Research (&amp; Development) Officer</u></b> (Oct 2013 – Oct 2015) School of Social Work, Allied & Public Health (SWAPH), Faculty of Health Sciences, Staffordshire University.  <b><u>Research Associate</u></b> (Oct 2011 – Sept 2013) (Maternity leave Apr 2012 - Apr 2013) School of Social Work, Allied and Public Health, Faculty of Health Sciences, Staffordshire University.  <b><u>Postdoctoral Research Assistant</u></b> (May 2006 – Sept 2011) Centre for Ageing & Mental Health, Faculty of Health Sciences, Staffordshire University  <b><u>Research Assistant</u></b> (Aug 2004 – June 2005) Sports Psychology, Nottingham Trent University

**TEACHING  
EXPERIENCE**

**CURRENT POSITION: Course Leader BSc (Hons) Health & Social Care (Sept 2020 – present)**

Duties:

- Provide academic leadership for the course, ensuring that it reflects current University and School policies, practice and processes; manage the academic staff team, address and resolve issues relating to the quality of course delivery, student satisfaction, student progress and retention as they arise. • responsible for effective student recruitment
- Liaise effectively and work in a professional manner with all members of the course team, administrative and any technical staff to ensure that students receive high quality academic support. • Liaise with external bodies and internal colleagues to support the course design and delivery. • Shape and enhance the course design and future curriculum development.

**Lecturer in Health and Social Care** (Nov 2015 – Present)

School of Health and Social Care, Staffordshire University.

Module Leader:

Leadership & Management in Health and Social Care

Research Skills in Health and Social Care

Healthy Individuals throughout the Lifespan

Dementia Awareness

Extended Health and Social Care Study Project (Dissertation)

Current activities:

- Engage in teaching at all levels using relevant teaching methods, including lectures, seminars and tutorials.
- Supervise research PhD and Masters students.
- Supervise undergraduate student projects.
- Take responsibility for academic duties (assessment, marking, and personal pastoral support of students) essential to sustain the delivery of high quality teaching and promote best practice.
- Working as part of the teaching team in the development and application of teaching techniques, assessments and materials, in an endeavour to always be innovative, and keep students motivated and engaged in their learning journey.
- Participate in teaching team operational meetings to contribute to regular reflection on the enhancement of departmental curricula.
- Level 6 tutor and link tutor for partner colleges

<b>ADDITIONAL RELEVANT EXPERIENCE</b>	<p>Global Languages Solutions (2006 – 2013) Language Interpreter and Translator (Greek-English)</p> <p>Stoke-on-Trent City Council (2011-2017) Language Interpreter and Translator (NHS, special schools and other services, including Speech and Language Therapy, Mental Health Childrens’ Services (CONNECT)).</p> <p>Psychology, Faculty of Health Sciences – Quality Assessor for the translation of the curriculum documents for the MBS Crete Partnership.</p>
<b>PEER REVIEWS EDITORSHIPS</b>	<p>Journal of New Writing in Health and Social Care (<u>Founder and Editor</u>) British Journal of Social Work (BJSW) (Reviewer) Journal of Health Education (Reviewer) Health and Social Care Education (Higher Education Academy) (Reviewer) Research and Patient Benefit (RfPB) (Reviewer) National Institute in Health Research (NIHR) (Reviewer) Journal of Adult Protection (Reviewer)</p>
<b>MEMBERSHIPS</b>	<p><u>International</u> International Psychogeriatric Association (IPA) Athens Institute for Education &amp; Research (ATINER) (Academic Membership)</p> <p><u>National</u> Fellow of the Higher Education Academy (FHEA) Midlands Research Staff Association (MRSA; Vitae) West Midlands Academic Science Health Network (WM ASHN)</p> <p><u>Staffordshire University Committees/memberships</u> Deputy Chair of the School of Health &amp; Social Care Research Ethics Committee and Independent Peer Review Panel (IPR) Health and Safety representative Mental health First Aider Race equality charter and Inclusion Working Group</p>

**CONFERENCES  
SEMINARS  
WORKSHOPS**

Benbow SM, Sharman V., **Tsaroucha A.** (March, 2016). Family Relationships and Dementia at Faculty of Old Age Psychiatry conference, East Midlands Conference Centre, Nottingham.

**Tsaroucha, A.** & Dent, M. (2014, June 24). *A Passion for Excellence: Inspiring Innovation in Research and Scholarship*. Workshop to be delivered at the SWAPH External Partners Event: 'Inspiring Success: New Beginnings', Staffordshire University.

Porteous, E., Wright, A., **Tsaroucha, A.** & Boath, L. (2014, May 12). Asking The Oracle: Next Steps For Accreditation In Money Advice Practice: Innovation In Curriculum Design. Poster presented as part of an Exhibition Stall at the Institute of Money Advisers (IMA) Annual Conference 2014.

**Tsaroucha, A.**, Kingston, P. & Khan, F. (2014, May 5-8). *Oral care in Older Nursing home patients with behavioural and psychological symptoms of dementia*. Paper presented at the 2<sup>nd</sup> Annual International Conference on Health & Medical Sciences. Titania Hotel, Athens, Greece; organised by the Athens Institute for Education and Research (ATINER).

**Tsaroucha, A.**, Boath, E. & Porteous, E. (2013, July 3). *Asking the Oracle: A Delphi study to develop a new Distance Learning Diploma of Accreditation in Money Advice Practice*. Paper presented at the Faculty of Health Sciences, Staffordshire University, Learning & Teaching Conference.

Boath, L., **Tsaroucha, A.**, Good, R. & Pitch, S. (2013 June 5-6). *Tapping your way to success: using Emotional Freedom Techniques (EFT) to reduce anxiety and improve communication skills in University Students*. Poster presented at the Higher Education Academy, Health & Social Care Cluster (2013) Annual Conference 'Innovation in Health & Social Care Learning and Teaching.

**Tsaroucha, A.**, Kingston, P., Morris, J. Khan, F. & Tadros, G. (2012, March 5). *Is there a link between oral/dental pain and behavioural and psychological symptoms of dementia (BPSD) in older nursing home patients?* Poster presented at the Royal College of Psychiatrists Meeting, Cardiff.

Benbow, S.M., **Tsaroucha, A.** & Kingston, P. (2011, September, 7). *The dementia workforce: Patients and carers views on workforce skills*. Poster presented at the 15th International Congress of the International Psychogeriatric Association, Den Haag, Netherlands.

**Tsaroucha, A.** & Benbow, S.M. (2011, June 23). *Dementia skills training and coaching in a residential setting*. Paper presented at the National Dementia Care Homes Congress, Birmingham.

**Tsaroucha, A.** (2010, November 25). *A survey of workforce training in dementia in the West Midlands and the development of a Core Competency Framework*. Paper presented at the Dementia Workforce Conference, Birmingham.

Benbow, S.M., **Tsaroucha, A.** & Kingston, P. (September 27) Dementia Pathway Coordinator. Developing a new role in the West Midlands. Poster presented at IPA 2010 International Meeting, Santiago de Compostela, Spain.

**Tsaroucha, A.**, le Mesurier, N., Benbow, S.M. & Kingston, P. (2010, September \*29). *Developing the dementia workforce: learning from the English West Midlands: A survey of workforce training in dementia in the West Midlands and the development of a Core Competency Framework*. Paper presented at the IPA 2010 International Meeting, Santiago de Compostela, Spain.

Benbow, S.M. & **Tsaroucha, A.** (2010, June 30). *Understanding needs and competencies*. Workshop delivered at the Journal of Dementia Care Conference, Birmingham.

**Tsaroucha, A.** (2010, March 26). *The development of a Core Competency Framework for the Dementia Workforce in the West Midlands*. Paper presented at the Faculty of Old Age Psychiatry Residential Meeting (Royal College Psychiatrists), Leeds.

Le Mesurier, N, **Tsaroucha, A.**, Benbow, S.M. & Kingston, P. (2010, March 26). *A survey of training in dementia provided in the West Midlands*. Poster presented at the Faculty of Old Age Psychiatry Residential Meeting, Leeds.

**SELECTED  
PUBLICATIONS**

Benbow, S.M., **Tsaroucha, A.** & Sharman, V. (2019) "It is not the same": relationships and dementia, *Educational Gerontology*, 45:7, 454-468, DOI: 10.1080/03601277.2019.1656892

Wagner, J., Jones, S., **Tsaroucha, A.**, Cumbers, Holly (2019) Practitioners' perceptions and experiences of working with inter-generational transmission of domestic violence in the UK". *Child Abuse Review*, 28:1.

Boath, E., Good, R., **Tsaroucha, A.**, Stewart, A., Pitch, S. & Boughey A. J. (2017) Tapping your way to success: using Emotional Freedom Techniques (EFT) to reduce anxiety and improve communication skills in social work students, *Social Work Education*, 36:6, 715-730.

Jones, S, Wagner, J, Randall, J & **Tsaroucha, A** (2016) Empowering parents whose children are subjected to care proceedings: A qualitative investigation into practitioners' experiences, *Journal of New Writing in Health and Social Care*, 2,2, 12-20.

**Tsaroucha, A.**, & Randall, J. (2016). Involving students in curriculum design: a research and statistics course designed by students for students. *Innovative Practice in Higher Education*, 2, 3.

**Tsaroucha, A.**, Kingston, P., Khan, F. & Hassiem, F. (2015). The relationship between oral/dental pain and behavioural and psychological symptoms of dementia (BPSD) among elderly residents in nursing homes *The Journal of New Writing in Health & Social Care*, 1, 2, 9-20.

Wright, A., Porteous, E., Boath, E. & **Tsaroucha, A.** (2014) Asking the Oracle: a Delphi study to develop a new Advanced Accreditation Award (Triple A) in Money Advice Practice. *Quarterly Accounts*, 34, pp.13.

**Tsaroucha, A.**, Benbow, S.M., Kingston, P., & le Mesurier, N. (2013). Dementia Skills for All: a core competency framework for the workforce in the United Kingdom. *Dementia: The International Journal of Social Research and Practice*, 12 (1), 29-44.

Mustafa, N., **Tsaroucha, A.**, le Mesurier, N., Benbow, S.M. & Kingston, P. (2013). Educating and training the workforce to work with people with dementia: two projects from the United Kingdom. *Educational Gerontology*, 39 (6), 398-412.

**Tsaroucha, A.**, Kingston, P., Corp, N., Stewart, T. & Walton, I. (2012). The emotional needs audit (ENA): a report on its reliability and validity. *Mental Health Review Journal*, 17 (2), 81-89.

**Tsaroucha, A.**, Kingston, P., Stewart, T., Walton, I. & Corp, N. (2012). Assessing the effectiveness of the "human givens" approach in treating depression: a quasi experimental study in primary care. *Mental Health Review Journal*, 17 (2), 90-103.

Benbow, S.M., **Tsaroucha, A.**, Ashley, M., Morgan, K. & Kingston, P. (2011). Patients and carers views on dementia workforce skills. *The Journal of Mental Health Training, Education and Practice*, 6 (4), 195-202.

