Dr. Tarek completed his undergraduate studies from Faculty of pharmacy, Al-Azhar University, Cairo, Egypt. He then joined the department of pharmaceutics and industrial pharmacy in 2003 as demonstrator and completed his master within four years. After completing his master degree, Dr. Tarek felt that he requires both more in-depth study and to get in touch with an international school of pharmacy to be able to practice the pharmaceutical science proficiently; therefore he decided to complete the requirements for one of the Egyptian government scholars (channel system) where he passed the TOFEL test, prepared his paper and documents and travelled to USA in 2008 where he joined Texas A&M health science center (TX, USA) as a PhD visiting scholar. During that period Dr. Tarek got an excellent knowledge in the development of novel drug delivery (in situ gel and in situ microparticles), HPLC analysis for both in vitro and in vivo study. After completing his study, he came back from USA in 2010 where he did make his defense within two months and joined the department of pharmaceutics and industrial pharmacy as lecturer in March 2010.

Over his years of experience, Dr. Tarek gained an excellent teaching skill of both practical and academic theoretical pharmaceutical courses through his dealing with all of the pharmaceutical practical courses for undergraduate students (2003-2007), and later after he earned his Ph.D degree, he got academic teaching responsibilities that include; Pharmaceutics I and Pharmaceutics III courses for the 2nd and 4th year students, respectively at Al-Azhar university (2010-2011), Liquid dosage forms and industrial pharmacy at the Egyptian Russian University (2010-2011). Physical Pharmacy, Solid dosage forms, Pharmacokinetics, Biopharmaceutics, Sterile dosage forms, Semisolid dosage forms during his work at King Abdulaziz University. His teaching experiences has been extended to the postgraduate study through teaching Nanotechnology, Novel drug delivery systems and Selective topics for master students.

Beside the teaching skill, Dr. Tarek has a lot of international publications in the pharmaceutical scientific research journals such as: International Journal of pharmaceutics, European Journal of Pharmaceutical Sciences, Journal of Pharmaceutical Sciences, International Journal of Nanomedicine, Drug Design Development and Therapy Journal, Journal of Liposome Research, Journal of Microencapsulation, AAPS PharmSciTech, Drug Development and Industrial Pharmacy, Pharmaceutical Development and Technology, International journal of drug delivery and others.