

# **BIOGRAPHY OF DR RAMAKUELA NDITSHENI JEANETTE**

- 1. PERSONAL BACKGROUND:** Nditsheni Jeanette Ramakuella was born and raised up at Soweto in Johannesburg, South Africa. She is the 2<sup>nd</sup> daughter of the late Mr. Elias Mashamba and Mrs. Annah Leuba Mashamba. She was married to Mr. Ramakuella and were blessed with 3 girls and a son. She is also blessed with 4 grandchildren, 3 girls and a boy. She reside in a small town known as Sibasa, Limpopo Province, South Africa.
- 2. HOBBIES:** cooking, gardening, cleaning, watching television, article writing
- 3. EDUCATIONAL BACKGROUND:** Attended her primary education at Dzata Primary in Meadowlands. Then proceeded to Meadowlands High and matriculated at Mphaphuli High in Sibasa.
- 4. CAREER DEVELOPMENT:** started her training as a nurse at Garankuwa hospital in Pretoria then proceeded to Kalafong hospital also in Pretoria. She then did her midwifery at King Edward hospital in Port Elizabeth but completed at Tshilidzini Hospital in Thohoyandou, Limpopo Province, South Africa.

## **5. ACADEMIC QUALIFICATIONS**

- 4.1** PhD (UNIVEN) 2012
- 4.2** MA Cur (UNIVEN) 2007
- 4.3** BA Cur HONS (UNIVEN) 2005
- 4.4** BA Cur DEGREE (UNISA) 1992 Majors:
  - 4.1.1** Nursing Education
  - 4.1.2** Community Nursing Science
- 4.5** Diploma in Nursing Administration (UNISA) 1994
- 4.6** Diploma in midwifery( Tshilidzini Hosp.) 1984
- 4.7** Diploma in Clinical Nursing Health Assessment Treatment and Care (Tshilidzini Hosp.) 2001
- 4.8** Integrated Management of Childhood Diseases (IMCI) + IMCI facilitator (Tshilidzini Hosp.) 2001
- 4.9** Diploma in General Nursing (Kalafong Hosp.) 1980
- 4.10** National Senior Certificate 1976
- 4.11** Short Courses: Assessor course plan and conduct

## **5 EMPLOYMENT EXPERIENCE**

### **5.1 University of Venda**

Duration of employment: 2006 to date

Position held: Senior Lecturer

### **5.2 Limpopo College of Nursing**

Thohoyandou campus

Duration of employment: 1994 to 2007

Position: Lecturer grade 11

### **3.3 Tshilidzini Hospital**

Duration of employment: 1983 to 1994

Position held: **Community health Nurse**

## **6 Part-time duties**

### 6.1 North-West University (Potchefstroom Campus)

Position held- **facilitator** of the following modules: Nursing management, Research and Nursing Dynamics

### 6.2 University of Limpopo (Turfloop Campus)

Position held- External moderator/examiner

## **7 RESEARCH PUBLICATIONS:**

7.1 Akinsola AH. & **Ramakuella NJ** (2009) Sexual violence against women in a South African rural community. **African Journal of Midwifery and women's health. September 2009. Vol. 3, Iss.4pp174-180**

7.2 Akinsola AH & **Ramakuella NJ**, (2009) Perceived prevalence, determinants and preventive strategies for violence- related behaviours among high school children: A survey among teachers in rural Vhembe District. **The Indian Journal of Social Work. Volume 71, Issue 3, July, pp.303-328.**

7.3 Akinsola H.A. & **Ramakuella N.J.** (2011).Perceived prevalence, determinants and preventive strategies for violence-related behaviours among South African high school children. **African Journal for Physical, Health Education, Recreation and Dance. September 2011 (Supplement 2: 1), pp. 196-211.**

7.4 **Ramakuella N.J.** & Maluleke T.X. (2011). Students' views regarding the social and learning environment of disabled students at the University of Venda, South Africa. **African Journal**

for Physical, Health Education, Recreation and Dance. September 2011 (Supplement 2: 1), pp. 285-294.

- 7.5 Ramakuela NJ; Khoza L.B & Akinsola H.A (2012). Menopausal challenges as perceived by women in rural villages of Limpopo Province, South Africa. **African Journal for Physical, Health Education, Recreation and Dance. December 2012 (Supplement 2: 1), pp. 285-294.**
- 7.6 Ramakuela NJ; Khoza L.B & Akinsola H.A (2012). Understanding of the concept menopause in a rural village of Limpopo Province, South Africa. **African Journal for Physical, Health Education, Recreation and Dance. December 2012 (Supplement 2: 1), pp. 259-273.**
- 7.7 Ramakuela, N.J., Akinsola, H.A., Khoza, L.B., Lebesse, R.T. & Tugli, A., 2014, 'Perceptions of Menopause and aging in rural villages of Limpopo Province, South Africa', *Health SA Gesondheid* 19(1), Art. #771, 8 pages. <http://dx.doi.org/10.4102/hsag.v19i1.771>
- 7.8 A.K Tugli, L.I. Zungu, N.J. Ramakuela, T.D. Goon and F.C. Anyawu. Perceptions of students with disabilities concerning access and support in the learning environment of a rural-based university. **African Journal for Physical, Health Education, Recreation and Dance. December 2013 (Supplement 1: 2), pp. 356-364.**
- 7.9 A.K Tugli, L.I. Zungu, N.J. Ramakuela, T.D. Goon and F.C. Anyawu. Perceived challenges of students with disabilities in a historically disadvantaged tertiary institution in South Africa. **African Journal for Physical, Health Education, Recreation and Dance. December 2013 (Supplement 1: 2), pp. 346-355.**
- 7.10 F.C Malindi, R.T. Lebesse and N.J. Ramakuela. HIV disclosure experiences of pregnant women living with HIV in Vhembe District, Limpopo Province, South Africa. **African Journal for Physical, Health Education, Recreation and Dance. December 2013 (Supplement 1: 1), pp. 109-120.**
- 7.11 F.C Malindi, R.T. Lebesse and N.J. Ramakuela. Experiences of pregnant women regarding fear of living with HIV in Vhembe District, Limpopo Province, South Africa. **African Journal for Physical, Health Education, Recreation and Dance. December 2013 (Supplement 1: 1), pp. 121-135.**

- 7.12 T.G Tshitangano, A.K Tugli, A.D Ramathuba, L.B Khoza, H.A Akinsola, A.R Tshililo, M.S Maputle, **N.J Ramakuela**, F.C Anyawu, M.L Mangena-Netshikweta, N.S Mashau and J. Mabunda. Healthy eating knowledge and its consequences among rural secondary school learners in Vhembe district, South Africa. **African Journal for Physical, Health Education, Recreation and Dance. December 2014 (Supplement 1: 1), pp. 31-39.**
- 7.13 **N.J Ramakuela**, L.B Khoza, A.H Akinsola, T.G Tshitangano and A.K Tugli. Menopause and sexuality of older women in rural villages of Vhembe district Limpopo Province, South Africa. **African Journal for Physical, Health Education, Recreation and Dance. December 2014 (Supplement 1: 1), pp. 94-105.**
- 7.14 L. Tshivhase, L.M Mangena-Netshikweta and **N.J Ramakuela**. Social and professional support of patients on treatment at health services in Vhembe district, Limpopo Province, South Africa. **African Journal for Physical, Health Education, Recreation and Dance. December 2014 (Supplement 1: 1), pp. 196-205.**
- 7.15 F.C Malindi, R,T Lebese and **N.J Ramakuela**. Challenges experienced by pregnant mothers living with HIV/AIDS in rural Vhembe district, Limpopo Province, South Africa. **African Journal for Physical, Health Education, Recreation and Dance. December 2014 (Supplement 1: 1), pp. 244-254.**
- 7.16 R,T Lebese, **N.J Ramakuela** and M.S Maputle. Perceptions of teenagers about substance abuse in Muyexe village, Mopani district of , Limpopo Province, South Africa. **African Journal for Physical, Health Education, Recreation and Dance. December 2014 (Supplement 1: 1), pp. 329-347.**
- 7.17 A.P Kutame, M. Maluleke, V.O Netshandama and **N.J Ramakuela**. A mental health promotion approach: The experiences of teachers in rural dysfunctional schools in , Limpopo Province, South Africa. **African Journal for Physical, Health Education, Recreation and Dance. December 2014 (Supplement 1: 1), pp. 246-434.**
- 7.18 Thomas MA, Amosu AM, Degun AM, Oyegbile O and **Ramakuela NJ**. Effect of maternal oral ingestion of Aspirin on birth weight of wistar rat offspring. **Biomedical Research 2015; 26 (2): 225-229 ISSN 0970-938X www.biomedres.info**

**NB! Other articles being reviewed for publication**