

Curriculum Vitae: CHRISTALLA PITHARA (PhD)

EDUCATION AND QUALIFICATIONS:

Jan 2016-present	Module 2 Teaching and Learning in Higher Education Programme Keele University
Oct 2015-Jan 2016	Module 1 Teaching Reflectively in Higher Education Teaching and Learning in Higher Education Programme (Eligibility to become Associate Teaching Fellow of the Higher Education Academy)
2011	PhD <i>Funding body:</i> Health Economics and Policy Research Unit, Faculty of Health, Sport and Science, University of Glamorgan <i>In collaboration with:</i> Institute of Medical Genetics, School of Medicine, Cardiff University <i>Identifying the benefits and disbenefits of Clinical Genetic Services: A Framework for Economic Evaluation (Economics of Genetic Services)</i>
Dec 2005/Jan 06	Certificate: Introduction to Health Economics, University of Glamorgan
Sep-Dec 2006	Certificate: Basic Counselling Skills I, Cardiff University, Centre for LifeLong Learning.
15-17 June 2005	Certificate: Systematic reviews in health care: meta-analysis in context. University of Bristol
2001-2003	MSc in Health Psychology, University of the West of England, Bristol
1997-2000	BA(Hons) Psychology, University of Nottingham (2:1)
1990-1997	American Academy, Nicosia, Cyprus

A' Levels:

Modern Greek (A)
Economics (A)
Accounting (A)
Pure Maths (B)

O' Levels:

Accounting (A)
Human Biology (A)
Modern Greek (A)
Economics (A)

English language(B)
Mathematics (B)
Religious Studies (C)

RELEVANT WORK EXPERIENCE:

Jul 2016-present	Senior Research Associate in Health Services Research (Qualitative Research Methods) School of Social and Community Medicine University of Bristol
Sep.2014-present	Associate Teaching Fellow “Health Sociology” School of Medicine Keele University
Feb 2014- July 2014	Researcher CARDET -Centre for the Advancement of Research and Development in Educational Technology <u>“Migrant Youth Integration in Cyprus”</u> funded by the <i>Civil Registry and Migration Department of the Ministry of Interior</i> <u>“MEET: Meeting the health literacy needs of immigrant populations”</u> funded by the <i>European Lifelong Learning Programme Grundtvig and coordinated by Oxfam Italia.</i>
Mar2013-Dec 2014	Research Associate Cyprus University of Technology, School of Nursing, DAPHNE project <u>“Increasing the capacity of domestic workers of different origins to respond to sexual violence through community-based interventions – CommunAID”</u>
Sep 2012-July 2014	Open University of Cyprus, Healthcare Management Programme, Teaching Associate, “Sociological and Psychological approaches to health”
Oct 2012-July 2014	European University Cyprus, Teaching Associate in “Health Psychology”
2011-2014	External Research Associate Open University of Cyprus <u>Caring for a child with Cerebral Palsy: Psychological, social and financial impact on the family</u>
Sep 2013-Dec 2013	Cyprus University of Technology, Department of Nursing, Visiting Lecturer in “Health Psychology”
Ongoing collaboration	Researcher (freelance contract basis) Link with Dr Roiyah Saltus University of South Wales Analysis of qualitative data and writing of reports and articles for peer-reviewed journals linked to projects looking at the Butetown community and the Butetown Carnival.

Aug 2012	External Associate Researcher University of Glamorgan, South Wales Data analysis for <u>“‘In their own words’ Dignity, care and support: The perceptions, and expectations of older women from Black Caribbean, Chinese, Bangladeshi and Indian backgrounds”</u> , University of Glamorgan, Pontypridd, South Wales. (2013) Research commissioned by the Welsh Government Principle investigator: Dr Roiyah Saltus
Feb 2012-July 2012	Cyprus University of Technology, Department of Nursing Visiting lecturer in “Sociology of Health and Illness”
Sep 2009-Aug 2011	Research Associate Open University of Cyprus, Health Care Management Programme <u>“Migrants and Health in Cyprus”</u>
May 2004-Dec 2005	Research Assistant School of Care Sciences University of Glamorgan, (University of South Wales, UK) Teaching support: <ul style="list-style-type: none"> ▪ Models of health and illness ▪ Qualitative Research Methods
Sep 2003-Jan 2004	Department of Social Welfare Services, Central offices Nicosia

DAY COURSES AND SEMINARS ATTENDED:

5 July 2016	Introduction to Good Clinical Practice (Secondary Care) e-Learning Certificate
17 May 2016	Keele University School of Medicine Realist Evaluations
10 March 2016	Keele University School of Medicine “Unconscious Bias”
1 March 2016	Keele University School of Medicine “Changing practice after Education and Training”
2 July 2015	HEA event – New to teaching qualitative research methods , Cardiff
21 May 2015	HEA event – Developing interdisciplinary communities, Leeds

18 May 2015	Workshop by Dr Yvonne Skipper “Effective feedback to enhance motivation and develop resilient, self-regulated learners.”
14 th May 2014	“How valid and reliable are examiner judgements in Angoff? Perspectives on the Clouser papers” workshop – Dr Katherine Woolf
16-17 April 2007	How to be an effective researcher Cardiff University The UKGrad Programme
7 May 2008	Involving People in Research CRC Cymru (Clinical Research Collaboration Wales)
Dec 2007	Introduction to Qualitative Data Analysis Department of Sociology University of Surrey
Nov 2006	Introduction to Focus Groups Department of Sociology University of Surrey
Apr 2006	Introduction to Qualitative Interviewing Department of Sociology, University of Surrey

Other skills and qualifications:

Languages:	Greek (mother tongue) English (Excellent)
Computer skills:	ECDL Certificate 19/12/2006 Number: UK0001184344
Software knowledge:	Excellent use of: <ul style="list-style-type: none"> ▪ QSR NVivo (software package for organising, handling and analysing qualitative data) ▪ SPSS (Statistical package for analysis of quantitative data) ▪ ENDNOTE (software tool for organising references, images and PDFs, and create bibliographies) ▪ Bibliographical on-line search engines (e.g. Web of Knowledge; Medline; Athens; ScienceDirect etc)

CONFERENCE PAPERS / PRESENTATIONS (WHERE CP WAS THE SPEAKER):

- 18th March 2016** Oral presentation
4th UK Conference on Health Literacy: Health Literacy at the Deep End: Addressing Health Inequalities
“Critical Health Literacy as a capability: Developing critical health literacy among migrant and ethnic minority groups”
- 30 June 2015** WISERD Conference, Cardiff
“Understandings of dignity by older women from Black and Minority Ethnic communities in Wales: findings from a qualitative study”, with Dr Roiyah Saltus, University of South Wales
- 6-7 November 2014** Final Conference of Commun-Aid Daphne III project, Higher Technological Institute of Crete
Organisation and delivery of workshop “The use of participatory approaches for increasing capacity among vulnerable communities to deal and prevent sexual abuse”
- April 2014** HPH Conference, Barcelona, Spain
“Assessment of information given to women during pregnancy in Cyprus: Is it enough for achieving maternal health literacy?”
Stylianedes, K., Pithara, C., Raftopoulos, V.
- May 2013** HPH Conference, Gothenburg Sweden
“Applying the capabilities approach in migrant health research”
- 30 November 2012** Pancyprian Nursing and Midwifery Conference, 2012
“Οικογένειες παιδιών με εγκεφαλική παράλυση: Ψυχολογικός, Κοινωνικός και οικονομικός φόρτος» / “Families of children with cerebral palsy: psychological, social and financial burden” (research project undertaken by the HealthCare Management team)
- 15 April 2011** Presentation during an event organised for the presentation of the HUMA report “Access to health care and living conditions of undocumented migrants and asylum seekers”
“Difficulties in providing medical care for migrant patients: experiences of medical personnel in public and private medical facilities in Cyprus”
- Oct 2010** Economics of Genetic Technologies Seminar series
Oxford University
“Using qualitative research methods in health economics research: An example from Clinical Genetic Services”
- May 2009** Economics of Genetic Technologies seminar series

University of East Anglia, Norwich

“Which are the important attributes of clinical genetic services influencing user utility? Preliminary results from a pilot user event”

Oct 2008

Economics of Genetic Technologies 2-day seminar series

Organisation for Health Economics, London

“Benefits and Disbenefits of genetic services: A framework for economic evaluation”

PUBLICATIONS AND CONFERENCE PROCEEDINGS

1. Kouta, C., Pithara, C., Zobnina, A., et al (2015) A systematic review of training interventions addressing sexual violence against marginalised at-risk groups of women. *Health Education Research*, 30(6), pp.971-984
2. Saltus R., Pithara, C. (2015) Care from the heart”: Older minoritised women’s perceptions of dignity in care. *International Journal of Migration, Health and Social Care*, 11(1), pp.57-70
3. Pithara, C. (2014) Current knowledge on the benefits and disbenefits of Clinical Genetic Services from a CBA perspective: Are new methodologies needed? In Bohnet-Joschko, S., and Boutsoli, Z. (Editors) Intercultural Dialogue in Health Economics, Management and Policy: Challenges and Changes, ATINER: Athens
4. Saltus, R., Pithara, C. (2014) A sense of dignity in later life: a qualitative study on the views of older women migrants from minoritised backgrounds. *Quality in Aging and Older Adults*, 15(1), pp. 22-33
5. Pithara, C. (2014) Identifying outcomes of clinical genetic services: qualitative evidence and methodological considerations. *Journal of Genetic Counselling*, 23(2), pp.229-238
6. “In their own words’ Dignity, care and support: The perceptions, and expectations of older women from Black Caribbean, Chinese, Bangladeshi and Indian backgrounds”, University of Glamorgan, Pontypridd, South Wales. (2013) Research commissioned by the Welsh Government , Principle investigator: Dr Roiyah Saltus
7. Pithara, C., Zembylas, M., & Theodorou, M. (2012) Access and effective use of healthcare services by temporary migrants in Cyprus, *International Journal of Migration, Health and Social Care*, Vol.8(2), pp.72-85
8. “Mapping the Gender Equality: Research and practices - The national and International perspective” UNIVERSITY OF CYPRUS, Nicosia, Cyprus, 23rd October 2010, Utilisation and access to private and public health care services by domestic workers in Cyprus: Mapping inequalities and discrimination

9. Prof Joyce Kenkre, Prof. Tony Beddoe, Carolyn Wallace, Christalla Pithara, *Delayed Transfers of Care* commissioned by Caerphilly LHB, 2005

Other activities

- 2013-present** EU COST Action “Adapting European Health Systems to Diversity (ADAPT)
Funding for a Short Term Scientific Mission (STSM) to visit Dr Tona Lizana responsible for migrant and ethnic minority health services at the Department of Public Health of Catalonia, Spain
- Co-author of MIPEX Health report on the state of health care services and policies addressing migrant health in the Republic of Cyprus.
<http://www.mipex.eu/who-produces-mipex>

Acted as an External Journal Peer Reviewer for

Social Science and Medicine
Ethnicity and Health
Journal of Genetic Counselling