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Ludovica organised, and contributed to, several workshops on international relations issues, at the University of Cambridge and at the London School of Economics and Political Science. Her publications have appeared in journals such as *European Security*, *Malaysian Journal of International Relations*, *Australian and New Zealand Journal of European Studies*, *Perspectives on European Politics and Society*, *Asia-Pacific Journal of EU Studies*, *Modern Italy*, *Journal of Contemporary European Research*, *European Journal of international Affairs*, *Korea Review of International Studies*, among others. They focus on global governance, the European Union's external action, the Common Security and Defence Policy, Myanmar's relations with the European Union and with ASEAN, as well as Italian foreign policy.

Ludovica is the author of the book 'Italy and EPC' (2006, Cambridge Scholars Publishing), of the edited volume 'An EU Innovative External Action' (2011, Cambridge Scholars Publishing), of 'Italy's Foreign Policy in the Twenty-first Century - A Contested Nature' (2015, Routledge, co-edited with Richard Whitman and Geoffrey Edwards), and of the edited volume 'The European Union and Myanmar: Interactions via ASEAN' (Routledge 2020). She holds a Ph.D. in Politics and International Relations from the University of Reading/UK (2003) and a five years 'laurea' degree in Architecture from the Polytechnic University in Milan (1972). She presented her academic research in several universities in Asia (Macau, Melbourne, Mandalay/Myanmar, Singapore, Hong Kong, Bangkok, Seoul, Shanghai, Taipei, among others), and at conferences in the United States (Chicago, San Diego), Canada (Edmonton), the United Kingdom (Cambridge, Oxford, Dublin, Belfast, Hull, Glasgow, Reading, Cardiff, Sheffield, Manchester, Leeds), Norway (Oslo), Germany (Potsdam), and Italy (Perugia, Bologna).

Prior to being involved in the academia, Ludovica was engaged in aid development policy and programmes of the European Commission and the Italian Ministry of Foreign Affairs (Law No. 30/1979). Within the context of these projects, she has been consultant to foreign and Italian private firms: Transtec spa, Brussels; Technosynthesis spa, Consulint spa, Cotecno spa, and NGOs: Cosv, and Istituto Italo-Africano. She was based in Uganda (three years), Nigeria (one year), Zimbabwe (three years), and in Ethiopia, Somalia, Bolivia, Cuba, Peru' and Rome. She taught in a variety of settings including the University of Zimbabwe, in Harare.

Ludovica's former Ph.D. supervisor was Geoffrey Edwards, at the University of Cambridge, UK.