

Short Bio Dr. Ruben Goebel,

Dr. Ruben Goebel, Director of the Sport Science Program at Qatar University, received his PhD in 2006 from German Sport University Cologne. He joined Qatar University in 2010, where he coordinated successfully the launch of the Sport Science Program. Dr. Ruben is an motivated teacher and researcher. In 2011 he got awarded with a 3-year project on injury prevention, by Qatar National Research Fund. In general, his research focuses on talent identification and talent development in team sports, performance analysis and assessment in Football, Handball and Tennis (employee of medicosAuf.Schalke as performance diagnostician of the professional team, U23 and U19 Team of Schlake 04 Football Club), as well as injury prevention in athletes. Recently he expanded his research to health issues in Qatar and its relation to physical activity.

His scholar records from 2013-2015 indicates 4 book chapters, 9 peer-reviewed and indexed articles and 12 abstracts presented in international conferences.

Before he moved to the middle east, Dr. Ruben worked two years as an Instructor for special tasks at German Sport University Cologne, where he headed the department of Team Handball from 2007-2009. After that he worked 1 year as an coordinator of a sport boarder school and conditioning coach of one of the most successful Sport Boarder Schools in Germany – Knechtsteden. From his training group, two athletes have been sent to the youth Olympic games in Singapore 2010, where one scored the Bronze Medal.

Dr. Ruben is still and active Tennis player and looks back to a successful coaching career in U19 and U23 Team Handball in Germany.