3rd Annual International Conference on Nursing, 1-4 May 2017, Athens, Greece
Organized by the Nursing Research Unit
Sponsored by the Athens Journal of Health

Conference Venue: Titania Hotel, 52 Panepistimiou Avenue, Athens, Greece (close to Omonoia metro station)

Monday 1 May 2017

08:00-09:00 Registration and Refreshments
09:00-09:30 (Room D-Mezzanine Floor) Welcome and Opening Address
Gregory T. Papanikos, President, ATINER.

09:30-11:00 Session I (Room E-Mezzanine Floor): Nursing Education I
Chair: Despoina-Eirini Katzoli, Researcher, ATINER
1. Fatma Demirkiran, Professor, Adnan Menderes University, Turkey. Melek Sarica, Specialist Nurse, Adnan Menderes University, Turkey. The Possibility of Suicide, Problem Solving Ability and Associated Factors among High School Students.
2. Gulengun Turk, Associate Professor, Adnan Menderes University, Turkey. Serife Karagozoglu, Professor, Cumhuriyet University, Turkey. Filiz Adana, Assistant Professor, Adnan Menderes University, Turkey & Hildhatice Gulhude, Research Assistant, Adnan Menderes University, Turkey. Autonomy Levels and Professional Attitudes of Nurse Educators.
3. Mei-Chun Lin, Assistant Professor, Cardinal Tien Junior College of Healthcare and Management, Taiwan. Debriefing Scale Development for Nursing Stimulation Education.
4. Vickie Hughes, Assistant Professor, Johns Hopkins University, USA. What are the Barriers for Developing Nurse Leaders? A Review.
5. Yvonne ten Hoeve, Researcher / PhD Candidate, University of Groningen / University Medical Center Groningen, The Netherlands. Stynke Castelein, Senior Researcher / Professor, University of Groningen, The Netherlands. Gerard J. Jansen, Senior Lecturer and Researcher, Hanze University of Applied Sciences, The Netherlands. Wiebren S. Jansen, Assistant Professor, Utrecht University, The Netherlands & Petrie Roodbol, Professor, University of Groningen, The Netherlands. Student Nurses' Changing Perceptions of Nursing: A Two Year Longitudinal Study.

09:30-11:00 Session II (Room F-Mezzanine Floor): Pregnancy Issues
Chair: Clare James, Senior Lecturer, Coventry University, UK.
1. Juan Ding, Vice Director of the Quality Control Department, The First Affiliated Hospital of Zhengzhou University, China. Effect of using Mobile Phone Services and Internet to Promote Breastfeeding during Infant Period: An Intervention Study.
2. Hulya Arslanta, Associate Professor, Adnan Menderes University, Turkey. Ayden Coban, Associate Professor, Adnan Menderes University, Turkey. I. Ferhan Dereboy, Professor, Adnan Menderes University, Turkey, Muazzez Şahbaz, Teaching Assistant, Adnan Menderes University, Turkey, Ezgi Sari, Research Assistant, Adnan Menderes University, Turkey & Dondu Kurnaz, Midwife, Ministry of Health, Turkey. Severity of Pregnancy Period Discomforts Does It Predict Postpartum Depression and Maternal Attachment.
3. Kimberley Jackson, Assistant Professor, Western University, Canada. Why does it Hurt so Much? Understanding Women's Experience of Breastfeeding-related Pain.
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<th>15:00-17:00 Session VII (Room E-Mezzanine Floor): Health Care Issues I</th>
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<td><strong>Chair:</strong> Alison Bardsley, Senior Lecturer, Coventry University, UK.</td>
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<tr>
<td>1. John Gammon, Professor, College of Human and Health Sciences, Swansea University, UK. <em>The Curse of Wet Hands! The Significance of Hand Drying and Efficacy of Different Methods.</em></td>
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<td>2. Serife Karagözoglu, Professor, Cumhuriyet University, Turkey &amp; Emine Korkmaz, Specialist Nurse, Health Science University, Turkey. <em>The Efficiency of Sand Bag, Close Pad and Cold Application in Combination with Sand Bag to Prevent Peripheral Vascular Complications Post-Coronary Angiography and Post-Percutaneous Coronary Intervention.</em></td>
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<td>3. Gülay Yıldırırın, Associate Professor, Cumhuriyet University, Turkey, Sukran Ertekin Pınar, Assistant Professor, Cumhuriyet University, Turkey &amp; Neslihan Sayın, Midwife, Kızilay Hospital, Turkey. <em>The Relationship between the Support Needs and Pain-Fatigue Levels of Women Undergoing Postpartum.</em></td>
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<td>5. Alexandra Koumoutsopoulos, Pain Management Coordinator, University of Michigan Hospital and Health Centers, USA &amp; Mary Lynn Parker, Clinical Nurse Specialist, University of Michigan Health System, USA. <em>Improving Orthopedic Patient Outcomes through Implementation of a Multimodal Pain Protocol.</em></td>
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<td>6. Tugba Kavallalı Erdogan, Research Assistant, Ondokuz Mayis University, Turkey, Zeliha Koc, Associate Professor, Ondokuz Mayis University, Turkey &amp; Tugba Cinarli, Research Assistant, Ondokuz Mayis University, Turkey. <em>Determination of Prevalence and Etiology of Medical Errors in Healthcare Practices.</em></td>
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<th>17:00-19:00 Session VIII (Room E-Mezzanine Floor): Special Topics in Nursing</th>
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<td><strong>Chair:</strong> Neil Kelly, Senior Lecturer, Coventry University, UK.</td>
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<tr>
<td>1. Gary Mountain, Associate Professor, University of Leeds, UK &amp; Jane Cahill, Lecturer, University of Leeds, UK. <em>Sensitivity and Attachment Interventions in Early Childhood: A Systematic Review and Meta-Analysis.</em></td>
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<td>2. Ayse Ozkaraman, Assistant Professor, Eskisehir Osmangazi University, Turkey, Evmir Metcalfe, Eskisehir Osmangazi University, Turkey, Ozlem Kersu, Eskisehir Osmangazi University, Turkey, Engin Ozturk, Eskisehir Osmangazi University, Turkey, Nedime Kosgeroglu, Eskisehir Osmangazi University, Turkey. Ertugrul Colak, Eskisehir Osmangazi University, Turkey &amp; Guler Balci Altıpan, Eskisehir Osmangazi University, Turkey. <em>Sleep Quality in Breast Cancer Receiving Radiotherapy.</em></td>
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<td>3. Asnat Dor, Senior Lecturer, Max Stern Academic College of Emek Yezeel, Israel &amp; Michal Mashiach Eizenberg, Senior Lecturer, Max Stern Academic College of Emek Yezeel, Israel &amp; Ofra Halperin. <em>Motivation and Empathy among Nurses in Hospitals and Community Clinics: The Mediating Role of Burnout.</em></td>
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<td>4. Giulia Marchetti, Nurse Researcher, Sapienza University of Rome, Italy, Julia Sansoni, Associate Professor, Head of Nursing Research Unit, Department of Public Health, Sapienza University of Rome, Italy, Milena Sorrentino, Nurse Researcher, Sapienza University of Rome, Italy, Anna Rita Marucci, Nurse Researcher, Sapienza University of Rome, Italy, Walter De Caro, Nurse Researcher, Sapienza University of Rome, Italy &amp; Maurizio Marceca, Associate Professor, Sapienza University of Rome, Italy. <em>Functional Health Literacy of Asylum Seekers and Refugees. A Pilot Study in Italy.</em></td>
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<td>5. Fernando Riegel, PhD Student, Federal University of Rio Grande Do Sul, Brazil &amp; Maria Da Graça De Oliveira Crossetti, PhD Student, Federal University of Rio Grande Do Sul, Brazil. <em>Critical Thinking in Nursing: Reference Theoretical and Instruments for Your Assessment.</em></td>
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<th>19:00-20:30 Session IX (Room D-Mezzanine Floor): A Small Symposium on Diabetes I</th>
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<td><strong>Chair:</strong> Andriana Margariti, Head, Medicine Research Unit, ATINER &amp; Lecturer, Centre for Experimental Medicine, Queen’s University Belfast, U.K.</td>
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<td>1. Robert Sindlera, Professor and Former Dean, Faculty of Pharmaceutical Sciences, The University of British Columbia, Canada. <em>Creating a Health and Wellness Paradigm in the “OMICS” Era.</em></td>
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<td>2. Ayten Taspinar, Associate Professor, Adnan Menderes University, Turkey &amp; Selva Ozgul, Midwife, Adnan Menderes University, Turkey. <em>The Effect of Maternal Obesity on Maternal and Neonatal Health.</em></td>
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<td>4. Andis Klegeris, Associate Professor, University of British Columbia, Canada. <em>Increased risk of Alzheimer’s disease in Type 2 Diabetes: Neuroimmune Effects of Dysregulated Peripheral Factors as a Possible Link.</em></td>
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<td>5. Ramona DeJesus, Assistant Professor, Division of Primary Care Internal Medicine, Mayo Clinic, USA, Robert Jacobson, Department of Pediatrics and Adolescent Medicine, Mayo Clinic, USA, Kristin Vickers Douglas, PhD, Department of Psychiatry and Psychology, Mayo Clinic, USA, Debra Jacobson, MS, Division of Biometric Statistics and Informatics, Mayo Clinic, USA, Patrick Wilson, Department of Health Sciences Research, Mayo Clinic, USA &amp; Jennifer St. Sauver, PhD, Department of Health Sciences Research, Mayo Clinic, USA. <em>Impact of an Intensive 12-Week Wellness Coaching Program on Self-Care Behaviours among Adult Primary Care Patients with Pre-Diabetes.</em></td>
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| 21:00-23:00 Greek Night and Dinner (Details during registration) |
Tuesday 2 May 2017

07:45-11:00 Session X: An Educational Urban Walk in Modern and Ancient Athens

Chair: Gregory Katsas, Head, Sociology Research Unit, ATINER & Associate Professor, The American College of Greece-Deree College, Greece

Group Discussion on Ancient and Modern Athens.
Visit to the Most Important Historical and Cultural Monuments of the City (be prepared to walk and talk as in the ancient peripatetic school of Aristotle)
(Note: The simple registration fee of the conference does not cover the cost of this session. More details during registration).

11:30-13:00 Session XI (Room E-Mezzanine Floor): Issues Affecting Nurses in Working Environment: Behavior-Emotions

Chair: Nurten Tasdemir, Assistant Professor, Bulent Ecevit University, Turkey.

1. Maxim Topaz, Associate Professor, University of Haifa, Israel & Brigham Women's Health Hospital, USA. From Established to Emerging Research Trends in Health Information Technology for Nurses.
2. Zeynep Saglam, Lecturer, Ondokuz Mayis University, Turkey, Zeliha Koc, Associate Professor, Ondokuz Mayis University, Turkey & Selin Keskın Kiziltepe, PhD Student, Ondokuz Mayis University, Turkey. Factors Affecting Clinical Decision Making Skills of Nurses.
3. Sacide Yildizeli Topcu, Lecturer, Trakya University, Turkey. My Emotions & My Patients' Care Effect of Nurses' Emotions on Nurses' Caregiving Roles in Surgical Wards.
4. Peter Vermeir, Head Nurse, Ghent University Hospital, Belgium. Nurses' Well-Being as a Quality Indicator for Improved Care.
5. Victor Contreras Ibacache, Project Manager, Pontificia Universidad Catolica de Chile, Chile. Nursing Work Environment in a Hospital in Santiago, Chile.

13:00-14:00 Lunch

14:00-16:00 Session XII (Room E-Mezzanine Floor): Nursing Education II

Chair: Peter Vermeir, Head Nurse, Ghent University Hospital, Belgium.

1. Sevim Celik, Professor, Bulent Ecevit University, Turkey, Tulin Kurt, Nurse, Zonguldak State Hospital, Turkey, Nurten Tasdemir, Assistant Professor, Bulent Ecevit University, Turkey & Elif Dirimese, Assistant Professor, Bulent Ecevit University, Turkey. Determination of Intensive Care Nurses Knowledge about Spirituality and Spiritual Care.
2. Nurten Tasdemir, Assistant Professor, Bulent Ecevit University, Turkey, Nigar AK Turkis, MSc Student, Bulent Ecevit University, Turkey, Elif Dirimese, Assistant Professor, Bulent Ecevit University, Turkey & Sevim Celik, Professor, Bulent Ecevit University, Turkey. The Effects of Preoperative Education on Postoperative Compliance: Dental Surgery Patients.
3. Filiz Adana, Assistant Professor, Adnan Menderes University, Turkey, Duygu Yesilfidan, Research Assistant, Adnan Menderes University, Turkey, Belgin Yildirim, Assistant Professor, Adnan Menderes University, Turkey & Gulengün Türk, Associate Professor, Adnan Menderes University, Turkey. The Effect of Health Behaviour Education on Life Style Behaviours: University Example.
4. Fatih Gogus, Research Assistant, Bulent Ecevit University, Turkey, Sevim Celik, Professor, Bulent Ecevit University, Turkey, Nurten Tasdemir, Assistant Professor, Bulent Ecevit University, Turkey & Elif Dirimese, Assistant Professor, Bulent Ecevit University, Turkey. Nursing Students' Knowledge and Practices on the use of Peripheral Venous Catheter.
5. Hilal Hatice Galludere, Research Assistant, Adnan Menderes University, Turkey, Filiz Adana, Assistant Professor, Adnan Menderes University, Turkey, Gulengun Turk, Associate Professor, Adnan Menderes University, Turkey & Duygu Yesilfidan, Research Assistant, Adnan Menderes University, Turkey. Healthy Lifestyle Behaviour of First Year Students in Nursing School.
6. Ilkin Yılmaz, Research Assistant, Dokuz Eylül University, Turkey, Dilek Ozden, Associate Professor, Dokuz Eylül University, Turkey & Gulsah Gurosl Arslan, Assistant Professor, Dokuz Eylül University, Turkey. Investigation of Intensive Care Nurses’ Knowledge and Attitudes Regarding Closed Suctioning System.
### Session XIII (Room E-Mezzanine Floor): A Panel on Children and Young People's Nursing

**Chair:** Carol Anne Chamley, Academic Member, ATINER & Associate Professor, School of Health and Social Care, London South Bank University, UK.

1. Carol Chamley, Associate Professor, London Southbank University, UK, Jason Pritchard, Senior Lecturer, Coventry University, UK & Louise Price, Senior Lecturer, Coventry University, UK. *The Great Debate: The Future of Children and Young People’s Nursing in the United Kingdom.*
2. Wafaa Elarousy, Assistant Professor, King Saud Bin Abdulaziz University for Health Sciences, Saudi Arabia. *Explore Nurses’, Doctors’ and Parents’ Perceptions on Family Needs in Pediatric Critical Care Units at King Khaled Hospital in Jeddah.*

### Session XIV (Room E-Mezzanine Floor): Health Care Issues II

**Chair:** Wafaa Elarousy, Assistant Professor, King Saud Bin Abdulaziz University for Health Sciences, Saudi Arabia.

1. Bruno Cotter, Associate Professor, University of California San Diego, USA. *HIV and Cardiovascular Disease: The Newest Chronic Disease.*
2. Maria Reinaruth (Reina) Carlos (Imaizumi), Professor, Ryukoku University, Japan. *The Stepwise International Migration of Philippine-educated Nurses and Its Policy Implications on Japan’s Recruitment and Retention of Foreign Workers in the Elderly Care Sector.*
3. Asuman Sener, Lecturer, Ondokuz Mayis University, Turkey, Zeliha Koc, Associate Professor, Ondokuz Mayis University, Turkey & Zeynep Saglam, Lecturer, Ondokuz Mayis University, Turkey. *Determining the Use of Herbal Medicine among the Hospitalized Patients of the Physical Therapy and Rehabilitation Unit.*
4. Ayfer Acıkoğuz, Lecturer - Assistant Professor, Eskisehir Osmangazi University, Turkey, Dilek Sayik, Nurse, Eskisehir State Hospital, Turkey, Semra Songut, Lecturer, Gaziosmanpasa University, Turkey, Yeliz Kaya, Assistant professor, Eskisehir Osmangazi University, Turkey & Imdat Koksal, Lecturer, Gaziosmanpasa University, Turkey. *The Burdens of Sitter Mothers at Paediatrics Clinics and the Effect of Hospital Stay on Depression, Anxiety and Stress Levels.*
5. Małgorzata Stefaniak, Lecturer / Midwife, Medical University of Warsaw, Poland. *Caring for a Pregnant Patient with a Diagnosed Cancer - Case Report.*

### Session XV (Room D-Mezzanine Floor): A Small Symposium on Diabetes II

**Chair:** Andis Klegeris, Associate Professor, University of British Columbia, Canada.

2. Khemaradee Masingboon, Lecturer, Burapha University, Thailand, Saifone Moungkum, Lecturer, Burapha University, Thailand & Suwannee Mahakayanun, Assistant Professor, Burapha University, Thailand. *Risk Perception among Persons with Pre-Diabetes, Thailand.*
3. Irina Gette, Senior Researcher, Ural Federal University named after the first President of Russia B. N. Yeltsin, Russia, Victor Emelyanov, Assistant Professor, Ural Federal University named after the first President of Russia B. N. Yeltsin, Russia, Irina Danilova, Head of the Department of Medical Biochemistry and Biophysics, Ural Federal University named after the first President of Russia B. N. Yeltsin, Russia & Tatjana Bulavinicva, Junior Researcher, Institute of Immunology and Physiology, Russia. *Impact of 1,3,4-Thiadiazine Derivative on Pancreas Islets in Diabetic Rats.*
4. Sophia Kelaini, Research Fellow, Queen’s University Belfast, UK. *The RNA Binding Protein Quaking is a Key Regulator of Endothelial Cell Differentiation, Neovascularization and Angiogenesis through Direct Binding of the 3'UTR of STAT3.*

### Wednesday 3 May 2017

Cruise: *(Details during registration)*

or

Mycenae and Epidaurus Visit: *(Details during registration)*

### Thursday 4 May 2017

Delphi Visit: *(Details during registration)*
The Academic Committee of the conference was:

1. Gregory T. Papanikos, President, ATINER & Honorary Professor, University of Stirling, UK.
2. Nicholas Pappas, Vice President of Academic Membership, ATINER & Professor of History, Sam Houston University, USA.
3. Zoe Boutsioli, Vice President of Publications & Research, ATINER & President, Athens Centre for Greek & International Education (ACEGIE).
4. Paul Conroyannis, Head, Health Economics & Management Unit, ATINER & Associate Professor, McMaster University, Canada.
5. Sue Coffey, Associate Professor of Nursing, University of Ontario Institute of Technology, Canada.

The Organizing Committee of the conference was:

1. Fani Balaska, Research Assistant, ATINER.
2. Hannah Howard, Research Assistant, ATINER.
3. Despoina Katzoli, Researcher, ATINER.
4. Eirini Lentzou, Administrative Assistant, ATINER.
5. Konstantinos Manolidis, Administrator, ATINER.
6. Vassilis Skianis, Research Fellow, ATINER.
7. Kostas Spyropoulos, Administrator, ATINER.