

Brief Biography

As an Assistant Professor, in the Department of Biochemistry, University of Karachi, Pakistan, I have been actively engrossed in teaching the undergraduates, graduates and post-graduates. Launching new courses and implementing innovative teaching strategies in my class and the sight of enthusiastic students gives me the sense of “mission accomplished”.

As a Researcher, although with not very many publications in the International Journals, I have always tried to focus, plan and execute research which might serve as a benefit to mankind. After having completed my Ph.D in 2010 with reference to the effects of Environmental factors on brain Serotonin levels in pre-clinical trials; I was Alhamdulillah able to produce a Ph. D and currently have two Ph D enrolments, all of them focusing on practical applications that would benefit the community. I have over 20 publications to my credit.

As a scientist, having done some preliminary work with the Cerebral Palsy children, I intend to device and introduce certain novel interventions which might be able to enhance the autonomy of these children. Moreover, generating awareness amongst the youth regarding the excessive usage of energy drinks via preclinical and clinical trials is also one of the current on-going project carried out by M Sc students.

As a person, I am of the notion that a couple of awards and honors in the past (University Grants Commission Ph D Scholarship, Gold Medalist, Quaid-e-Azam Merit Scholarship) and being a part of certain university associated bodies (Member Science Faculty, Departmental research committee, Board of Studies; University of Karachi) are of no worth until and unless we as a scientific community be committed to serving mankind and then expect countless awards and honors granted by Almighty Allah InShaa Allah ta ala.

Dr. Hajra Naz