

CURRICULUM VITAE

Prof.Rakesh Dubey

Contact Information:

00919413186369 (INDIA)

00251938692537(ETHIOPIA)

rakesh1772@rediffmail.com



Work Experience

Designation: **Professor**

Organization: Department of sports science, Harmaya university Ethiopia Nov-2013-working

Responsibilities :

- Teaching - Sports Training , Sports Management ,sports Bio Mechanics ,sports sociology
- Research Guidance to M.Sc students , Examiner in Research Defense . etc

Designation: **Lecturer**

Organization: Physical Education College for one Yr 1995 -1996

Responsibilities :

- Teaching -,Sports Psychology Sports Training M.P.ED
- Practical Classes – swimming and badminton of B.P.ED and M.P.Ed
- Research Guidance to M.Sc students and their Examiner in Research Defense .

Designation: **Sports Officer**

Organization :Rajasthan Technical University kota India 1997-2013

Responsibilities :

- Overall responsibility of sports activities of the University
- To Organise Tournements of different games for University student
- Coaching of swimming and badminton
- Budget making ,Proposals for next year

Designation: **Guest Faculty**

Organization: University of kota

Responsibilities : Teaching - Sports Training and sports psychology

Ph.D Student under me	Post Graduate Student Research work	Research paper publish in National and International Journals	Conference (Paper presented) in International and National	Book for publication in process
02	05	12	12	03

Education

- **PH.D** : Physical education ,KASHI VIDHYA PEETH VARANASI , U.P , INDIA 2002
Dissertation Title “ EFFECT OF ASNAS AND WEIGHT Exercise TRAINING ON PHYSICAL AND PHYSIOLOGICAL VARIABLES ON THE PERFORMANCE OF SWIMMERS”
- **M.P.E** : Department Of Physical Education, Nagpur University,Nagpur INDIA 1995 (68%)
Dissertation Title: “EFFECT OF GENERAL AND SPECIFIC WARM UP OF DIFFERENT DURATIONS ON 50 METERS FREE STYLE SWIMMING PERFORMANCE”
- **B.P.E** Laxmibai National College Of Physical Education, Gwalior INDIA,1993
- **M.B.A** :Vardhaman Mahaveer Kota Open University kota Rajasthan INDIA (66%)

Other Training Courses

- Certificate in Sports and Recreation Management
- **C.C.Y** Certificate Course In Yoga From Lonawala INDIA 1992
- **PHYSIOTHERAPY COURSE:** Six Months Training Course In Physiotherapy From Birla Institute Of Medical Science
- **Refresher Course** – Physical education- (21 days) from U.G.C Academic college
- **Orientation course** -Physical education -(21 days) from U.G.C Academic college
- Qualified official of amature athletic federation of India (AAFI)
- **Specialization** in badminton and **swimming** with Ist division
- **IELTS SCORE - 5.50**

Research Related work in University's

- Ph.D Guide In J.J.T Uni-(jjt/2K9/edu/530)
- Internal Examiner of Research defense of M.S.C sport. sci. (ETHIOPIA)
- Chairman Examination board of Research defense of M.S.C sport. sci. (ETHIOPIA)
- Chair man of Research Proposal defense of M.S.C sport. sci. (ETHIOPIA)
- Reviewer in Research Proposal Defense M.S.C sport. sci. (ETHIOPIA)
- Research Paper Reviewer in sports sci. journal published from (TURKEY)

Member

- Member of Academic council in “Athens Institute of Education and Research”
Athens “Greece”
- Member Of Committee Of Curriculum Of University Of Kota, INDIA
- Paper Setter of University of Kota INDIA
- Member Of Different Sports Association INDIA

Publication In International and National Journal

- 1.) **International Registered Journal” Research Analysis And Evaluation” Issue II Dec. 2009**
"Effect of Asanas and Weight Training Exercises on Physical And Physiological Variables on Performance of Swimmers"
- 2.) **International Registred Journal “Shodh Samiksha Aur Mulyankan” aug.2009 issue 7**
“ Yogic Asanas And Pranayam For Stress Tension, And Migraine ”
- 3.) **International Registred Journal “Shodh Samiksha Aur Mulyankan” aug.2009 issue 7**
“Effect Of Menstruation On Speed, Strength, And Selected Physiological Variables”
- 4.) **Paper Published In Indian National Journal “ Jyotish Drishti”**
“ Motapa Kam Karne Ke Rehasio Ko Janiye”
- 5.) **International Registered Journal”Research Analysis And Evaluation” Issue II Dec. 2009**
“Innovation & Experimentation On Teaching Of English Spellings To The Age Group Of 9 To 11 Years”
- 6.) **International Registered Journal”Research Analysis And Evaluation” Vol. II Issue-16 Jan. 2011** "Effect Of Selected Weight Training Exercises On Systolic And Diastolic Blood Pressure Of Swimmers"
- 7.) **International Registered Journal “Shodh Samiksha Aur Mulyankan” Vol. II Issue-24 Jan. 2011** "Effect Of Selected Asanas On Respiratory System Of The Swimmers"
- 8.) **National Registered Journal Volume IV , March 2011 “Research Journal Of Arts, Management & Social Science”** Topic is “ An Exploratory Study Of Effect Of Psychological Factors On Total Stress Among Femal Table Tennis Players” ISSN 0975-4083
- 9.) **National Registred Journal “Shodh Drishti, Journal of all Research”, Vol. No. I , Jan-March 2011** “Comparative study of Mantel Health Variables of senior National level players of Combat Games”, ISSN0.0976-6650
- 10.) **International Registered Journal”Research Analysis And Evaluation” Vol. II Issue-Aug.2014** EFFECT OF WALKING AND SWIMMING ON B.M.I AND CARDIORESPIRATORY CAPACITY

Books for publication (In process)

- Yoga for Beginners
- Exercise and diet for Beginners
- Sports Psychology

International /National Conferences And Seminar Attended And Paper Presentation

- 1) “5th International Conference On Fitness, Health & Active Living 9-10 July 2009, **Athens, Greece**” Paper presented Topic “Effect Of Menstruation On Speed, Strength, And Selected Physiological Variables”
- 2) “International Conference On Stress Management” by Department of Health science and yoga LNIPE Ministry of youth affairs and sports Govt. of india paper presented and published 2008 “ Effect Of Yogic Asanas And Pranayam On Stress Tension, Frustration And Migraine In Sports Persons”
- 3) “Asia-Specific International conference on sports &Exercise psychology-2013” by Dr.Ambedkar college Nagpur (Mah) INDIA Paper presented “Effect Of Menstruation On Speed, Strength, And Selected Physiological Variables”
- 4) National seminar on “vision India 2005” paper presented and published in 2003 “Strategies And Planning For Sustainable Development With Special Reference To Higher Education”
- 5) U.G.C Sponsored National seminar on “Recent Trends and Future of Physical Education and Sports Sciences” Kayamkulam (Trivendram)Dec.2010 paper presented on "Effect Of Selected Weight Training Exercises On Systolic And Diastolic Blood Pressure Of Swimmers"
- 6) U.G.C Sponsored National seminar on “Exercise Physisiology Human Performance and Wellbeing”Dec.2010 Varanasi paper presented on "Effect Of Selected Pranayama On Blood Pressure Of Swimmers"
- 7) One day seminar on physical education and sports science organized by academy of physical education university of Nagpur India 8 April 1995
- 8) X one day seminar on physical education and sports science organized by academy of physical education university of Nagpur India 2nd April 1994
- 9) U.G.C Sponsored National Seminar on Scientific Support in Sports” from 30- to- 31 Jan. 2011 By Aligarh Muslim University paper presented on “Effect of Selected Pranayama on blood Pressure and Hypertension of swimmers”
- 10) Training of Trainers Workshop (N.S.S) “Sanitization Of Urban Youth On Adverse Child Sex Ration And Combating Sex Selection And For Enhancing Dignity Of The Girl Child In Rajasthan” From 16-18 Dec.2009 Organized By Society To Uplift Rural Economy(SURE) Jaipur
- 11) U.G.C Sponsored National Seminar On Participation of Woman in Games and sports organized by Deptt. Of Physical Education , Govt. Meera Girls College Udaipur from 9-11 - Sep -2011 paper presented on “Effect of Asnas and Weight Training Exercises on physical and physiological variables on performance of swimmers”
- 12) U.G.C Sponsored National Conference on “Latest Research and development in physical Education and sports” 27-28- July- 2013 paper presented on “Effect of Selected Pranayama on blood Pressure and Hypertension of swimmers”

Other work Experience

- Worked As **Swimming Coach 1993** for advance swimmers, LNCPE Gwalior INDIA
- Worked as Dy. Director of adventure camp for Phy.Edu student held in pachmari INDIA
- Worked as internal examiner in college of physical education Bhopal INDIA
- Worked as Activity coordinator in college of physical education Bhopal India
- Program in charge of N.S.S (National Service Scheme)
- Hostel Warden University College Of Engineering
- Worked As Official In All India Inter-university Athletic Meet, West Zone Inter-university Athletic Meet And M.P State Athletic Meet Yr 1990,91-92-93
- Co. Coordinator Rajasthan Pre Engineering Test (**R.P.E.T**) **2008**
- Observer in R.M.A.T Exam 2008 (Rajasthan Management Aptitude Test 2008)
- Worked as O.I.C Security in R.T.U
- Worked as Zonal Magistrate in constituency Election in 2004
- Worked as Zonal cum sector magistrate in local election 2009 .

Administrative Work Experience Of University

- Chairman of purchase committee for sports momentous
- Chairman of purchase committee for medals
- Member secretary of committee of deciding the Norms of sports activities
- Member secretary sports Board
- Member discipline committee for convocation program
- Member secretary of sports Board , U.C.E , R.T.U KOTA
- Member of security contract committee
- Member of library Physical verification committee
- Member of Physical verification committee of furniture
- Member of 26 Jan celebration
- Member of 15 aug. celebration
- Member of Enquire committee for theft
- Organizing secretary of Intercollegiate Tournament of Cricket , volley bal, Basketball in 2010
- Organizing secretary of Annual Athletic meet
- Organizing secretary of Inter Technical collegiate Tournament
- Deputed as Technical observer in government commerce college kota
- Organizing Secretary of Intercollegiate Football in 1997 and in 1998
- Invigilation duty
- Co- Presiding officer Election duty Engg. Student Form .
- Technical Official III National Championship
- Co-curricular marks for Engg. Student

Experience of organizing sports Events

- Organized **West Zone Inter-University Badminton Tournament** 2013
- Organized inter college tournament of Football , Cricket , Volley Ball Basket Ball etc.
- Organized inter Technical college sports tournament of different Games
- Organized Marathon Run called “AKTA DAUD”
- Organized Inter Class tournament of Basket Ball, Cricket , Chess, Badminton, Volley Ball , Hockey ,Table Tennis , Foot Ball,
- Organized Inter Branch tournament of Basket Ball, Cricket , Chess, Badminton, Volley Ball ,Hockey ,Table Tennis , Foot Ball,
- Our volley ball Team was winner in inter college tournament
- Our Basket ball Team was Runners in inter college tournament
- Our Tennis Team Runners in the all india Inter colligate tournament in Kanpur , Roorki and pilani

Awards and Honors in Sport

- **Swimming** (mentioned only highest level Participation)
 - Participated in All India inter-university **swimming championship** 1991-92
 - Participation in junior national **swimming championship** 1988
 - Participation in school national swimming championship 1990
 - Barong medal in state senior swimming championship in yr 1990
 - Silver medal in state senior swimming championship in yr 1992
 - Position holder in state senior swimming championship in yr 1990-91,92-93
 - Selected for 48 senior national championship
 - Silver medal in Gwalior District Swimming Championship in Yr 1988
 - Silver medal in 3 M. Diving Championship(Org.by K.V No.2) in Yr.1989-90
 - Gold medal in Swimming Championship(Org.by K.V No.2) in Yr.1989-90
- **Wrestling** (mentioned only highest level Participation)
 - Participated in All India inter-university wrestling championship 1990,91-92-93
 - Participation in junior national wrestling championship 1982
 - Participation in state inter-university wrestling championship 1993
 - Gold medal in M.P state Armature Wrestling championship in Yr.1982
- **Badminton** (mentioned only highest level Participation)
 - Participated in West Zone inter-university Badminton championship 1990,91-92-93
 - Winner in Gwalior district Badminton Championship in 1987
 - Participated in K.V .Regional Tournament in Yr.1988-89
 - Participated in M.P State Badminton Championship in Yr.1989